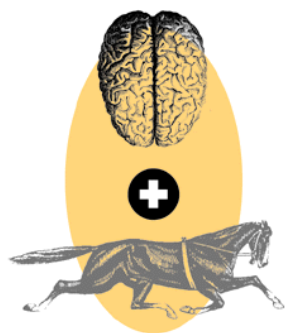


EQUESTRIAN SEMINAR SERIES

For Parents

By DR. JANET EDGETTE



equestrian
S P O R T
PSYCHOLOGY

They drive, they pay, they encourage and console. Parents occupy a special place in the lives of a young athlete and must face special issues when their children are involved in equestrian sports. Janet's sessions will help parents and children or teens work better as a team to achieve common goals and overcome obstacles that face any family involved in a sport as complex and demanding as riding.

SAMPLING OF SUBJECTS

- Family Stress and Horse Showing
- Early Warning Signs of Problems
- "Whaddya Mean You Wanna Play Soccer???" The Post-Pony-Purchase Punch
- "Everything I Say is Wrong" – Being a Good Pony Club/Horse Show Parent

If you don't see the subject you want, just ask!

THINK YOU'RE THE ONLY ONE?

Questions/Concerns from others:

"I never know what to say to my kid at horse shows. Everything I say turns out to be the wrong thing. It's the same whether she's winning or losing."

"My son has started to show some ugly sportsmanship at shows lately. How should I handle this?"

"I'm worried about the toll all the hard training and competing is taking on our daughter. I'm worried she's lost her perspective and that her life is becoming more and more wrapped up in riding at the expense of other things I think she should be doing."

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